

# Concussion and Sudden Cardiac Arrest Acknowledgement

Funtastic Gymnastics is committed to a safe, healthy, and fun experience for all athletes. Concussion and Sudden Cardiac Arrest are serious matters. Remember, it's better to miss a practice or competition rather than an entire season.

I acknowledge that I have received, read, and agree to abide by the information on the below documents:

- Sports Concussion Overview
- Sudden Cardiac Arrest Information Sheet

Athlete's Name: \_\_\_\_\_ Age: \_\_\_\_\_

Athlete's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Athletes aged 7-17 must provide signature)

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Parent's Name: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Required if athlete is under 18)

8.2023